



Join us for a lifeenriching escape, surrounded by nature's beauty and tranquility. Our supportive community and expert facilitators will guide you on a journey of personal growth and selfdiscovery.

Single and multi-day programs available.

Nourish Your Soul at a Women's Retreat on a Tranquil Tasmanian Farm

Unlock Your Potential:

Equine Assisted Learning: Tap into the 'Wisdom of the Herd' as you gain new insights and confidence while working with our gentle ponies and horses.

Environmental Art: Unleash your creativity and connect with nature's inspiration.

Journal: Capture your experiences as you embrace each phase of self discovery.

Relax and Unwind: Enjoy comfortable accommodation in a charming country home just 12 minutes from the learning venue.



Call: 0419 378 993

Email: kmiller@activ8.net.au www.ripplefxtasmania.net



Timetable & Pricing

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Green boxes are available workshop days
Half day Wisdom of the Herd Workshop								9.30am - 12.30pm (Taking 2024-2025 bookings now)
Full day Wisdom of the Herd Workshop								10.00am - 3.00pm (Taking 2024-2025 bookings now)
Three day Wisdom of the Herd Workshop								27th - 29th Sept, 2024 22nd - 24th Nov, 2024 17th - 19th Jan, 2025 (Book now)

Pricing per workshop	Workshop Duration	Number of Participants	Price per Person per Workshop	Notes
1/2 day	3 hours	4-6	\$290	Hot drinks and snacks provided
Full day	5 hours	4-6	\$470	Hot drinks and snacks provided
Multi day	3 days	4-8	\$1,800	Includes meals & accommodation. A mix of equine, art, yoga, bush walking & drumming activities

Any of the workshops can be made up of mixed and matched activities with more emphasis on one type of activity. Talk to Katrina and discuss what your group would like included. What an amazing way to stay connected to old friends or meet new ones while exploring what makes **You uniquely You**.



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