



## *Herd Helpers*

Let horses support you on  
your journey to recovery

1:1, couples, families

---

Experience the transformative power  
of Equine Assisted Skills Development  
(EASD) at Ripple FX Tasmania.

If you would like to improve your  
communication skills, capacity building,  
mental wellness or relationships then our  
Team could be 'a good fit' for you. Horses,  
a Mental Health Practitioner and an Equine  
Specialist work together to provide wrap-  
around support as you engage and explore  
this unique and effective approach.

As you partner with the horses you will be  
guided through activities designed to build  
confidence and a new sense of 'self'.

Develop emotional  
regulation skills

Enhance self-  
awareness and self-  
esteem

Process trauma in a  
safe and supportive  
environment

**NDIS, Private or  
Agency funded  
participants are  
welcome**



Call: 0419 378 993  
Email: [kmiller@activ8.net.au](mailto:kmiller@activ8.net.au)  
[www.ripplefxtasmania.net](http://www.ripplefxtasmania.net)

Horses Helping Humans Help Themselves

# *Herd Helpers*

## Timetable & Pricing

| Programs           | Term 1 | Term 2 | Term 3 | Term 4 | Weeks  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Green boxes indicate available terms & days.<br><br>Opening Hours<br>9.30am - 3.30pm |
|--------------------|--------|--------|--------|--------|--------|--------|---------|-----------|----------|--------|----------|--------|--|
| EASD Communication |        |        |        |        | 8 - 10 |        |         |           |          |        |          |        |  |
| EASD Wellness      |        |        |        |        | 8 - 10 |        |         |           |          |        |          |        |  |
| EASD Numeracy      |        |        |        |        | 8      |        |         |           |          |        |          |        |  |

| Pricing per session            | Session Duration |         |         |         | Price per Participant |       |       |       | Notes  |
|--------------------------------|------------------|---------|---------|---------|-----------------------|-------|-------|-------|--|
| 1 Funded Participant           | 45 mins          |         |         |         | \$230                 |       |       |       | 1 funded participant can pay for a school group of 3     |
| Family of 4 or less (1 funded) | 45 mins          |         |         |         | \$230                 |       |       |       | 1 funded participant pays for the session for the family |
| 2 Funded Participants          |                  | 60 mins |         |         |                       | \$210 |       |       |  |
| 3 Funded Participants          |                  |         | 75 mins |         |                       |       | \$190 |       |  |
| 4 Funded Participants          |                  |         |         | 90 mins |                       |       |       | \$150 | Group participants need to have similar goals            |

Longer sessions can be split between Equine, Art and Journalling ie Breifing (10 mins), Equine Activity (50 mins), Write, Draw or Create what you learnt (20 mins), Debriefing (10 mins).  
**Book a program for yourself, your love ones or your students now.**



Call: 0419 378 993  
 Email: [kmiller@activ8.net.au](mailto:kmiller@activ8.net.au)  
[www.ripplefxtasmania.net](http://www.ripplefxtasmania.net)

Horses Helping Humans Help Themselves